Class audio scripts

Unit 1

Lesson B, Exercise 3 [p. 7] Level 4 Track 10

1 Ted Look at this, Carrie.

Carrie What is it, Ted?

Ted This article in the Science section. It says the government is planning to send people to Mars in the year 2025.

Carrie Wow!

Ted And it will cost . . . 50 billion dollars.

Carrie That's a lot of money. Why so much?

Ted Because the ship has to go there and then return. The government shouldn't spend money on sending people to Mars.

Carrie I don't know about that. That kind of thing is very important.

2 Carrie What are you looking at now?

Ted Oh, the Entertainment section. There's going to be a new exhibit at the art museum next month.

Carrie Oh, what kind?

Ted It's an exhibit of Japanese animation.

Carrie Cool!

Ted It's great that people see animation as a true art form.

Carrie I couldn't agree with you more. You know, I haven't been to a museum in a long time.

Ted Do you want to go?

Carrie Sure!

3 Carrie What's that about?

Ted Let's see. . . . Oh, it's a site about TV. Look, it even has reviews of TV shows.

Carrie Oh, yeah? What's your favorite show, Ted?

Ted I like that reality show called Green Living.

Carrie I know that show. People live in a green house for a month.

Ted It's a fantastic show – realistic, funny, interesting. It's the best show on TV.

Carrie 1'm not sure about that. I think it's pretty boring.

Ted You're kidding!

4 Carrie Anything else happening?

Ted Listen to this. It's from the Local section. High schools want to have classes all day Saturday.

Carrie Classes on Saturday? All day? That's classes six days a week!

Ted Yeah. They were talking about adding one hour to the school day twice a week, but that wasn't enough. They need more time to teach everything.

Carrie It's an interesting idea.

Ted But they shouldn't have classes on the weekend.

Carrie | totally agree.

Ted You do?

Carrie Yeah. They should add an extra month to the school year instead.

Lesson C, Exercise 2, Part B [p. 8] Level 4 Track 13

Wade What will I do next?!

Reporter Yeah, what are your plans?

Wade Well, I think I'll get back in the water, of

course.

Reporter Oh, OK. And when do you plan to do that?

Wade As soon as I buy a new surfboard!

Lesson D, Exercise 2 [p. 11] Level 4 Track 16

Newscaster That ends our local news . . . and brings us to our final segment: "Photos of the Day." These are photos that viewers like you have sent to us. Our first photo is from Rafael Luna from Veracruz, Mexico. Rafael took this photo after the storm yesterday. He says no one was hurt, and the cleanup has already started. I'm glad everyone is OK. Thank you, Rafael.

Our second photograph comes from David Parsons, from Calgary, Canada. David works at Wilson's Department Store and took this picture yesterday. The store was offering a 70 percent discount on all clothing items. And as you see, a few more customers came than they imagined. This is why I prefer to shop online.

Our third shot comes to us from Yumiko Kobayashi from Nagoya, Japan. This shows traffic returning from the recent Golden Week holiday there. It took Yumiko eight hours to get home after she visited her grandparents. It usually takes about three hours. Boy, and I thought holiday traffic was bad here!

And our final shot is from Ian Norton in Manchester, England. Ian went camping a month ago with his dog Arlo. But Arlo saw an animal, and he started to chase it. He never came back. Ian looked everywhere for his dog, but after two days he had to go home ... very sad. Well, yesterday Arlo returned to Ian's house, almost 50 kilometers away. How did Arlo survive in the forest? And how did he get home? We hope you find out, Ian.

You can find these and other photos from our viewers on our Web site, along with video reports, blogs, and other news stories. That's it for me. See you tomorrow.

Unit 2

Lesson B, Exercise 3 [p. 17]

Level 4 Track 24

Woman Good morning. How can I help you today?

Man Well, I've been thinking about taking an En

Well, I've been thinking about taking an English class. I'm interested in something fun, a little

unusual, you know?

Woman Well, we have lots of classes. Are you looking for

something in the morning, the afternoon . . .

Man In the afternoon, I think.

OK. Well, one possibility is taking our English Woman and Food class. Man English and Food? Yes, you learn about cooking. Students cook Woman and eat in class. Oh, and sometimes the teacher takes the class out to restaurants. Hmm... maybe. What else do you have? Man Woman How about taking English and Music? Man Music? Really? Yes. You listen to songs in English. And then Woman you discuss them. Sometimes you watch music videos with subtitles. At the end of the class, everyone sings a song in English. Man That's a possibility, I suppose. Woman Or you might want to consider Dramatic English. Man Dramatic English? You mean you use drama to learn English? Exactly. You memorize plays . . . Woman Man Whole plays? Well, no, parts of plays. You read plays, such as Woman Shakespeare's Romeo and Juliet. Then you choose one play and perform part of it for the school. Man OK, well... Or you could take Movies Today. Woman Man You watch movies and discuss them? Woman Right. And you also write movie reviews, so you get some writing practice. You can post your reviews online. The teacher has a special Web page just for that. And you get to visit a local film festival. Man That sounds great. I like that one. Oh, ... I'm sorry. That one's in the evening. Woman Man What about the Dramatic English class? Yes, that's in the afternoon, on Mondays, Woman Wednesdays, and Fridays, from 2:00 to 3:30. Man That's good. Woman OK, well, just fill in this form, and we'll get started . . . Lesson C, Exercise 2, Part B [p. 18] Level 4 Track 27 Pete Hello? Beth Hi, Pete. It's Beth. Pete Beth! I've been calling you all week. Is everything OK? Beth I'm fine. I went camping for a few days, and I

didn't take my phone.

Pete Oh, I was worried. Did you have a nice time? Beth Yeah, it was fun. And you know, it was nice not to talk on the phone, or email, or text. But now I have to call everyone back, and respond to a million emails and texts. Anyway, what's up?

Well, I'm planning a surprise party for Akemi, and I want to invite you to come.

Reth Thanks, I'd love to. Would you let me help with something?

Pete Actually, I could use some help. Could you help me call people and remind them to come early?

Beth Of course! So, when is the party?

Lesson D, Exercise 2 [p. 21]

Level 4 Track 30

Lynn. Are you going to answer that? I think that's your phone.

Lynn No, I'll just let it go to voicemail.

Anita Lynn, I never see you talking on your phone. Lynn Well, I don't really like to talk on the phone. I prefer texting. It's fast, cheap, and easy.

Alex Really? I don't like texting. Dean So, Alex, do you text a lot?

Alex Not really. I prefer talking on the phone.

Lynn Why? Everybody texts these days.

Alex Maybe so, but I like talking on the phone because I can talk to the person right away.

Lynn So that's why you hardly ever answer my texts.

Very funny. I answer your texts - sometimes. Alex But feel free to call me anytime.

Dean What are you, Anita? Are you a phone person or a text person?

Neither. I love social networking online. Anita Really? Are you on a lot of networking sites? Alex

I guess so. I have my primary one for friends Anita and family. But I'm also on a job site and a few other social sites.

Dean Interesting. Why do you prefer social networking?

Anita Oh, because I can communicate with a lot of people at the same time.

What do you mean? Lynn

Anita You know, I can update my status or post recent pictures. And everyone can see what I've been doing lately.

I'm not sure I like social networking. Dean

Alex Well, what do you like, Dean? I mean, how do you like to communicate?

Dean I used to like email and texting, but not anymore. Now I prefer talking to people - face-to-face.

Talking to people? Face-to-face? How . . . Lynn old-fashioned!

Dean Oh, come on. I like it because it's more personal. The other stuff is OK, but . . . well . . . look at us. What we're doing right now is so much better.

Yeah, I know what you mean. Alex

Me, too. And I think from now on – oh, hold on . . . Lynn I'm getting a text.

Unit 3

Lesson B, Exercise 3 [p. 27]

Level 4 Track 38

Nutritionist So, Tom, I understand you have some questions about your eating habits.

Well, yes. I'm looking for a way to improve my eating habits. I've been eating the same way for a long time, and I'm not really sure I'm eating the best way.

Nutritionist I see. Well, it's great that you're taking these first steps. Why don't we talk about each

food group first and see how many servings you're currently eating. Then I can make some recommendations.

That's a good idea. Tom Nutritionist Lets start with grains, things like rice, bread, pasta, and cereal. How many servings of grains do vou eat a day? Tom Let's see. . . . Four, probably. Nutritionist Four? OK. Well, my recommendation would be to eat more. We suggest six to eleven servings a day. Really? OK. Tom Nutritionist And what about fruits? Tom Um, I eat a lot of fruit, about six servings, I'd say. That's good, right? Nutritionist Well, fruit is better than candy, but if I were you, I'd try to eat less. You know, two to four servings is enough. Now, what about vegetables? I guess I have about two servings a day. Tom Nutritionist Hmm. Try to eat more, from three to five. That's what we recommend. Tom OK. I'll do that. Nutritionist And dairy? Things like milk, yogurt, and cheese. I don't really like dairy. I have . . . just . . . Tom one serving. Nutritionist Well, why don't you try more? Three to five servings would be better. How many servings of protein do you have every day? Well, I love meat, Grilled, roasted, fried you name it. I have at least four servings Nutritionist Actually, two to three servings is enough. And try to eat healthy proteins, like nuts and tofu. OK. And finally, fats and oils. Hmm . . . that's difficult to answer. I'd say five servings. My recommendation would be to eat Nutritionist less - only two to four small servings are necessary. You also might want to consider foods that are cooked with healthier oil, like olive oil. Tom OK. Nutritionist And if I were you, I would start a food

Lesson C, Exercise 2, Part B [p. 28] Level 4 Track 41

Host You know, we're almost out of time. Do you have one more quick and easy snack to show us?

journal. It can really help. Write down what

you should eat and what you really eat. Then we can meet again in a few weeks.

Sounds good to me. Thank you so much.

Todd Yes, this one is called trail mix. Just put some nuts, pieces of chocolate, and dried fruit in a bowl.

Nuts, chocolate, and dried fruit. That's all? Host Todd Yes. Then just mix it together. Here, try

Oh, that's good. It's sweet, salty, chewy, and Host crunchy.

Lesson D, Exercise 3, Part A [p. 31] Level 4 Track 44

Andrea Hello. San Francisco Gourmet Chocolate Tour. Yumiko Yes, hi. I'm interested in taking your tour.

Can I get some information?

Sure. Do you know our local newspaper, the Andrea SF Weekly? Well, we are the winner of the SF Weekly's "Tastiest Walking Tour" Award.

Yumiko That's great. But, first, can you tell me, I mean, what do you do on the tour?

Andrea Well, this is a tour for chocolate lovers. We walk to seven different places in the city. At

each one, we try some chocolate.

Yumiko Seven different places? Wow!

Andrea Yeah, so please don't eat before the tour.

Yumiko

Andrea We visit a chocolate maker who uses fresh

ingredients from local farms.

Yumiko

Andrea We also go to a newsstand. There are lots of newsstands in the city, of course, but this one sells 225 different kinds of chocolate

from over 15 countries.

Yumiko Sounds great.

Andrea We have hot chocolate that is prepared by one of the city's best chocolate makers. And we try some world-famous truffles at a

Swiss chocolate maker's shop.

Your tour sounds wonderful, and I'm Yumiko definitely interested. Can I get some more information from you?

Lesson D, Exercise 3, Part B [p. 31] Level 4 Track 45

Andrea More information? Sure.

How much does the tour cost? Yumiko

Andrea \$48. But remember, that includes free

Yumiko And where does the tour start?

We meet at Justin Herman Plaza. Do you Andrea

know where that is?

Yumiko Justin Herman? Can you spell that?

Andrea Justin. J-U-S-T-I-N. Herman. H-E-R-M-A-N

Yumiko OK, I can find it. And when does it start? On Wednesdays, we start at 10:30. On Andrea

Fridays and Saturdays, the tour is at

2 o'clock.

Yumiko And how many people will be on the tour?

Andrea It depends, but usually about 12.

Yumiko OK. I think I'd like to book the tour for this

Friday, It's for two people, and ...

Unit 4

Lesson B, Exercise 2 [p. 37] Level 4 Track 51

Man 1 How was your meeting with Mr. González? Man 2 Good. Thanks.

Man 1	I see you changed clothes after your
	meeting.

What do you mean? I wore this to the meeting. Is something wrong?

Man 1 To be honest, I think it's a little too casual. Here in Mexico, you're expected to wear more formal clothes for business meetings, especially in big cities.

Man 2 Really? I didn't realize that. Should I call and apologize?

Man 1 No, I don't think so.

2 Woman 1 That was nice.

Woman 2 What was?

Woman 1 That driver let us cross the street.

Woman 2 Yeah, drivers here in Australia are pretty polite. But you know, you're supposed to wave to say thank you.

Woman 1 Wave?

Woman 2 Yeah, just a short wave. I don't know, it's just what people do here.

That's good to know. I wasn't aware of that. Woman 1

Yeah. It's just a friendly gesture. Woman 2

3 Woman 1 I think that went well.

Woman 2 Actually, can I offer you some advice?

Woman 1 Oh, no! What did I do wrong?

No, it's OK. It's just . . . well . . . it's the Woman 2 custom here in Korea to use both hands when you give someone a business card.

Woman 1 Sorry, I didn't know that.

Woman 2 That's OK. Let me show you.

Woman 1 Thanks.

Man 1 Did you enjoy your dinner last night?

Man 2 Oh, yes. The food here in Iran is delicious. My host offered me so many new things. As soon as I finished eating a new dish, my host offered me more, and I immediately said yes. I ate so much! It was so good!

Man 1 Well, actually, you know, you're not supposed to accept more the first or even the second time it's offered. It's the custom to accept it on the third time.

Man 2 Oh, no! I wasn't aware of that.

Man 1 Yeah. It shows respect for the host.

Man 2 What should I do?

Man 1 I wouldn't worry. You'll know better the next time.

Lesson C, Exercise 2, Part B [p. 38] Level 4 Track 54

Paul Hello?

Steve Paul? It's Steve.

Paul Oh, hi, Steve. Hey, listen, about yesterday. I'm really sorry, I...

Steve No, I'm sorry. I'm calling to apologize. I shouldn't have asked you for your laptop. I feel kind of embarrassed. I hope you can accept my apology.

Paul Please, don't worry about it. I shouldn't have just said no. I didn't even ask why you needed it. Listen, if you still want to use it, it's OK with me.

Lesson D, Exercise 2 [p. 41] Level 4 Track 58

Host Welcome back to our show, I'm Rebecca Sanders, and today is Random Acts of Kindness Day, so we're sharing stories. We're talking about things we did to make other people happy. Let's take a call. We have Jared on line one. Jared, you're on the air.

Jared Hi. Great show so far. You know, something happened to me today. I was standing in line at the bank, and someone let me cut in line. The line was moving really slowly, and maybe I looked impatient or something. This person said, "Please go ahead." That made my day.

Host That's great, Jared. Did you do something for someone else?

Jared Not yet. But the day isn't over yet.

Host Well, thanks for your call. Now we have Keisha on the line. Keisha? Are you there?

Keisha Hello?

Host Yes, you're on the air. Did something good happen to you today?

Keisha Well, no, but I did something for someone else. I was driving home, and I saw a woman with a flat tire. I helped her fix it.

Host That's great, Keisha! You helped someone fix a flat tire.

Keisha Yeah. She was really happy about it, too.

Host Thank you for sharing your story, Keisha. Now let's talk to Antonio.

Antonio Hi, Rebecca. Thanks for taking my call. Something cool happened to me today. My friend gave me a gift for no reason. We don't usually give gifts to each other, so I was really surprised. He just bought it and gave it to me today.

Host That's a great example of a random act of kindness. Let's take one last call. We have

Mei-li Hi. First, I want to say that I think I was the woman who Keisha helped. I had a flat tire, and this kind woman stopped to help me. I didn't get her name, but I recognized her voice.

Host That's great!

Mei-li I'd like to say thank you now, if that's OK. Also, I decided to pay it forward, you know what I mean?

Host Pay it forward? Sure. You did something kind for someone else. What did you do?

Mei-li Well, after she helped with my flat tire, I drove to the supermarket. It was difficult to find a parking spot. I finally found one, but there was another driver there who wanted it, too. So I gave him the parking spot.

Host You gave someone your parking spot? That's a great thing to do.

Mei-li He was so surprised. I hope he pays it forward, too!

Host I hope so, too. Thanks so much for your call.

Unit 5

Lesson B, Exercise 3, Parts A and B [p. 47] Level 4 Track 60

1 Man 1 Hello, front desk. How can I help you?

Woman 1 Oh, hi. I just checked in a few minutes ago.

Man 1 Yes.

Woman 1 I'm having a little problem here. I hear a strange noise. It's not very loud, but it sounds like someone talking.

Man 1 Are your windows open or closed?

Woman 1 | closed them, but I can still hear it.

Man 1 Hmm, maybe the person next door is watching TV. I'll let someone know right away.

Woman 1 Thank you.

2 Man 1 Front desk.

Man 2 Hi. I'm wondering if you can help me.

Man 1 I'll try.

Man 2 Is there a problem with the electricity in the hotel or something?

Man 1 No. Is something not working in your room?

Man 2 Yeah, there seems to be a problem with my TV. It won't turn on. I thought maybe it was the battery in my remote control, but it's not that.

Man 1 OK, please wait a moment. I'll get someone to take care of it.

3 Man 1 Front desk. How can I help you?

Woman 2 There seems to be a problem with the electricity. Nothing in my room is working.

Man 1 Excuse me?

Woman 2 I think everything is broken.

Man 1 What do you mean?

Woman 2 Well, I turned on the light, the desk lamp, and the TV, and nothing worked.

Man 1 That's strange. The rest of the hotel has electricity. I'll have someone get on it right away. Can you wait in your room for a few minutes?

Woman 2 Of course.

Lesson B, Exercise 3, Part C [p. 47] Level 4 Track 61

1 Woman 1 Oh, hello. Thank you for coming so quickly.

Man 3 Where is the noise coming from?

Woman 1 Over here, by the bed.

Man 3 Um, you have your clock radio on. See this knob? That's the volume.

Woman 1 Oh, myl I feel so silly.

Man 3 That's OK. Oh, is that the baseball game?

2 Man 3 Are you having a problem with your TV?

Man 2 Yeah, I don't know what's wrong with it.

Man 3 You say the battery is OK?

Man 2 Yeah, I tested it with the air conditioner remote.

Man 3 Maybe the remote is broken.

Man 2 I've tried everything. I'd really like to relax and watch some television. Do you think I can just change rooms?

Man 3 I don't know. You'll have to call the front desk and ask.

3 Woman 2 Hello.

Man 3 You're having a problem with the electricity?

Woman 2 Yes, nothing works. Maybe I should get a new room.

Man 3 No, here's your problem. You need your key card to turn on the power. See, just put it here.

Woman 2 Oh, how embarrassing. Here?

Lesson C, Exercise 2, Part B [p. 48] Level 4 Track 64

Luke Hello?

Man 3 Can I speak to Mr. Luke Anderson, please?

Luke This is Luke.

Man 3 Hello. I'm calling about your lost bag.

Luke Oh, did you find it?

Man 3 Yes, we found it, but I'm afraid it's in Mongolia.

Luke Mongolia?

Man 3 Yes, Mongolia. It was put on the wrong flight, as you know. But I told the airline to send it to you as quickly as possible. It should arrive at your hotel tomorrow.

Luke But I'm at home now. I'm not at the hotel.

Man 3 Oh, I see. OK, well, I'll tell them to send it your home address. You should have it in three or four days.

Lesson D, Exercise 3 [p. 51] Level 4 Track 67

Man 1 My hometown is Milan, Ohio. It's well known because it's the birthplace of Thomas Edison, who invented the lightbulb. But it's also known for something else - melons. Yes, we grow a lot of melons in Milan, and for three days every September, we have the Milan Melon Festival. We started the festival in 1958, and, in my opinion, it's one of the best festivals in the United States. There are only 1,500 people who live in Milan, but the festival brings about 100,000 people to our town every year! There are lots of events at the festival. so it's really fun for the whole family. There are races, a large parade, and eating contests. Those are fun to watch. Oh, and if you want to buy melons at the festival, you can.

2 Woman 1 I'm from Pusan, South Korea, and we have the Pusan International Film Festival. The first festival was in 1996, and it's been growing every year. The festival has new films and new movie directors. It is always in the fall, but it's not always in the same month. Sometimes it's in August, sometimes in September, and sometimes in October. It lasts a little over a week. It's really exciting. There are, of course, a lot of films to watch. You can see documentaries, dramas, animation, comedies - you name it - from all over the world. At the festival, they give awards, and people give speeches. You can even take part in discussions of the films. My favorite awards are the Audience Award and the Asian Filmmaker of the Year Award.

3 Man 2 The Historic Center Festival of Mexico City is one of my favorite festivals. It's held every year in April and lasts about three weeks. It started in 1985 to help "rescue" the historic downtown area of the city, especially the area around El Zócalo, which is the main square. The festival helps preserve the culture and history of the area. In the 1960s and '70s, there was a big effort to rebuild the area. It's so beautiful now, and the festival has really helped to bring a lot of people to the area. There are many events and things to do. There is music, dance, theater, and storytelling. There are also things like art exhibits, museum tours, and games. It's different every year.

4 Woman 2 There's a really cool festival in Scotland called the Edinburgh Fringe, but I think the official name is the Edinburgh Festival Fringe. It started in 1947 and takes place every August. It's a huge festival and lasts about three weeks. You can see all kinds of plays - classic ones like Shakespeare, or new ones. It's unusual because actors perform their plays in castles, conference centers, parks, or even in someone's home. A performance one year was held in the back of a taxi! There are also dance performances, children's shows, and music. It's the biggest festival of its kind in the world. One year there were over 30,000 performances.

Unit 6

Lesson B, Exercise 3 [p. 57]

Level 4 Track 75

Emily

Student 2

Teacher OK, our last presentation is by Emily. Emily,

are you ready?

Yes. My presentation today is on personality. Emilv I'm going to talk about Type A and Type B personalities. This is a topic that has always

interested me. So, first -

Student 1 Sorry, Emily. Can I ask something?

Emily Um, sure. Go ahead.

Student 1 I have a question. Which type are you?

I'll let you guess the answer to that at the end of the presentation. Let's see. Where was I? Oh, yeah, we can put people into two groups based on their personality traits. In the past, people could discover what type they were by an interview. The interview took about five minutes. Some people still use this interview,

but it takes a long time. And since the -Before you go on, can I ask one thing?

Emily Of course.

Student 2 Five minutes isn't really a long time, is it? **Emily**

Well, if you interview many people, it does take a long time. Not for the interviewee, but for the interviewer. Anyway, as I was saying, since the late 1970s, most people have used a pencil-andpaper test to see what personality type they are. But nowadays there are a lot of online tests you can take.

Student 3 Could I ask one more question? So, what traits do Type A people have?

Emily Well, they are often impatient. And definitely very competitive. They're also hardworking - in fact, many Type A people are described as workaholics. They work all the time.

And they're often ambitious. Now, Type B personalities are very different from Type As. They're patient and relaxed, even easygoing. Some say they are more imaginative, too. Now, which is better? I'm not going to say. But, what was I saying? Oh, yeah, do you think I'm a Type A or a Type B? Anyone?

Student 4 Well, you've been very relaxed during the presentation, and extremely patient with our interruptions, so I think . . .

Lesson C, Exercise 2, Part B [p. 58] Level 4 Track 78

Jules Well, I know how you feel. I have a lot of free time, but I'm stressed out, too.

Rosa Really?

Jules Yeah, I'm having a hard time living within my budget. The more free time I have, the more I spend. But I'm getting better. I'm using the Internet to find good prices for things.

Rosa That's good. You can often find things cheaper online. Not always, but often.

Jules Yeah, and I'm not eating out, so I'm spending less on food. I'm becoming a pretty good cook! Say, why don't you come over for dinner this weekend? Rosa OK. I don't really have the time, but I'll make the time.

Lesson D, Exercise 2, Parts A and B [p. 61] Level 4 Track 81

Man Welcome to Healthy Living. Thank you for taking the time to talk with me.

Woman It's my pleasure.

So, I understand you work with guided imagery? Man

Woman That's right.

Man Can you explain what guided imagery is?

Woman Sure. With guided imagery, you use your imagination to help you relax.

Man So it reduces stress?

Woman

Man Do you need a therapist to help you?

Woman A therapist can help you, yes, but you can do it alone, too.

Man

Woman In either case, it's important to be in a comfortable place. Let me give you an

example. Close your eyes.

Excuse me? Man

Woman Close your eyes.

> Man All right.

Now imagine you are holding a lemon. How Woman does it feel? Is it warm or cool? What does it look like? Smell it. Does it have a strong smell? Now, take the lemon and cut it in half. Imagine it. Smell it again. Now, imagine you are tasting it.

Man Wow, it's sour! My mouth is watering. But I thought this was supposed to relax me.

Woman Well, that was just an example. You can imagine many different things. Many people believe that guided imagery can help you get better when you're sick. It also can make you more creative, and even help you learn.

Man Very interesting.

Lesson D, Exercise 2, Part C [p. 61] Level 4 Track 82

Woman Relax. Make yourself comfortable. Close your eyes. Breathe in and out slowly. Again . . . and again. In and out. In and out. Good.

Now think about your body. Start at your head and go all he way down to your feet. Let any stress in your body go. Relax your neck, drop your shoulders, let your arms feel heavy. Relax your legs and feet. Continue to breathe in and out. In and out. Let any worries go. Relax.

Now imagine you are walking. You are in the countryside, far from the city. It's a perfect day. The sun is shining. The wind is soft and gentle. Everything smells green and fresh. You see no one.

Continue your walk. Now you see a beautiful garden. Walk into it. You see green grass and flowers everywhere. You hear birds singing. Breathe deeply. Feel the light wind on your face. Listen to the birds. Relax.

Walk though the garden. Now you see a green forest. Go inside. The air is cooler. You hear water running. Walk toward it. It's a small river. Feel the water. It's clean and cool. Continue to breathe deeply. With every breath, you feel more and more relaxed. Find a nice place, a special place, the perfect place. Sit down and relax. Take your shoes off and put your feet in the water, if you like. You feel good, alone, happy, peaceful, safe.

It's now time to return. Walk back, through the cool forest to the beautiful garden. Don't hurry – take your time. Smell the flowers one last time. You leave this secret place for now. But you know that you can visit this place whenever you wish. When you're ready, take three deep breaths, and open your eyes.

Unit 7

Lesson B, Exercise 2, Parts B and C [p. 67] Level 4 Track 89

- 1 Man 1 It's no use. It isn't going to move. It's stuck.
- Woman 1 What are we going to do?
 - Man 1 I'm sure we can get it off somehow.
- Woman 1 Got any ideas?
 - Man 1 Well, maybe we could stand on the reef and lift the boat.
- Woman 1 Lift it off? I don't think we're strong enough.
 - Man 1 Yeah, I guess you're right. Well, another idea could be to just wait until high tide. Wait for the water to lift it.
- Woman 1 High tide! That's a better idea. Let's let the water do the work for us.
 - Man 1 So, when is high tide?
- 2 Man 2 What happened?
- Woman 2 I'm so worried about my parrot!
 - Man 2 How did Harry get in the tree?
- Woman 2 I don't know. Poor Harry. We have to get him back home.
 - Man 2 But we don't want to hurt him or scare him away. So . . . got any suggestions?
- Woman 2 I tried to give Harry a treat, but he didn't do anything.

- Man 2 You know, one solution might be to take his cage outside. I read that works sometimes with birds.
- Woman 2 Harry does like his cage and his toys. Maybe that will work.
 - Man 2 You go outside and talk to Harry. I'll follow with his cage.
- Woman 2 OK, let's try your idea. I hope Harry wants to come home.
- 3 Man 3 It's so stuck.
 - Woman 3 What were you thinking?
 - Man 3 | know, | know. Just help me, OK?
 - Woman 3 All right.
 - Man 3 Do you have any ideas?
 - Woman 3 Hmm. One solution might be to pour oil around the opening of the jar.
 - Man 3 Yeah, that's good.
 - Woman 3 Or something else we could try is to put the jar under hot running water.
 - Man 3 OK, they both sound like good ideas. Let's try the oil first.
- 4 Man 4 This is so embarrassing.
 - Woman 4 It's totally stuck. It won't go forward . . . or backward
 - Man 4 | almost made it.
 - Woman 4 Almost doesn't count. So what do we do?
 Got any suggestions?
 - Man 4 One idea could be to add weight to make the truck heavier.
 - Woman 4 Heavier? What do you mean?
 - Man 4 We add some heavy things to the truck. This will push the truck down. Then we can get it out.
 - Woman 4 Hmm . . . OK, but I think there's an easier way.
 - Man 4 What's that?
 - Woman 4 Remove all the air from the tires.
 - Man 4 Ahh! That's brilliant!

Lesson C, Exercise 2, Part B [p. 68] Level 4 Track 92

- Dana What are you doing?
- Emma You made me curious. I'm looking online at some other chip flavors. I remember when I went to England, I tried garlic chips.
- Dana Garlic? Oh, those are great. You can buy those here, too.
- Emma Oh, this is interesting. Steak and onion chips are sold in Argentina.
- Dana That sounds good. Are steak and onion chips healthier?
- Emma I doubt it. Oh, look, roasted chicken chips.
- Dana Roasted chicken? Really? That sounds interesting. Where can you get those?
- Emma In France.

Lesson D, Exercise 2, Part A [p. 71] Level 4 Track 95

Woman Do you want a pet, but don't want to feed it? Do you want a friendly, active dog that you can play with, but you don't have to walk every night? Then consider the revolutionary i-Cybie, the robot dog. It's not a conventional pet, of course, but the i-Cybie has proven to be a big success. Many i-Cybies have been sold around the world.

Made of 1,400 parts with 16 motors, the innovative i-Cybie has been developed to act like a regular dog, with a real personality. It responds with real dog-like moods. It walks around looking for attention. It likes you to pet it. It loves to play. It enjoys doing tricks and responds to your commands. It can sit. It can scratch its ear. It can even dance. It has been designed to do almost anything but taste and smell!

When it's lonely, sometimes i-Cybie walks around and looks for someone to play with. Don't ignore the dog, or it becomes sad, just like a real dog. If you don't play with it, i-Cybie may shut down and go to sleep. After about 30 minutes of sleeping, the dog goes into a voga position. This tells you it's time to charge the batteries.

Treat your i-Cybie like you would a regular dog, and you and your new robot pet will enjoy many happy years together. Perfect for young and old alike.

Lesson D, Exercise 2, Part B [p. 71] Level 4 Track 96

Tina What's that?

Jason

Oh, that's my pet dog.

That doesn't sound like a dog. Tina

Jason Yeah, I know. It's my robot dog.

Tina What? Let me see.

Jason OK. Here, boy, come out and play.

Tina Oh, my! That is so cool! Show me what it can do.

OK. Sit . . . dance . . . shake . . . stand on your Jason

head. It's a lot of fun.

Tina I want one. Do you really like yours?

Jason Yes and no. It's really fun to play with. Another good thing is that it has its own personality. It's like a regular dog in that way, you know what I mean? I love that.

Tina Was it expensive?

Jason Well, yeah. That's a little problem. I spent all my birthday money on it. Also the battery isn't very good. It doesn't last long.

Tina It's such an interesting pet. Can I tell it to do something? Jump! Beg! Roll over! Hey, it's not doing anything!

Jason It only knows my voice. Sorry. But you can watch me.

Unit 8

Lesson B, Exercise 2 [p. 77] Level 4 Track 103

Man 1 Hey, Jeff. How's it going?

Man 2 All right, I guess. I'm just thinking about Susan.

Man 1 Oh, yeah?

Man 2 I'm going to ask her to marry me.

Man 1 What?!

Man 2 Tonight at dinner. I have the ring and everything. Look.

Man 1 Wow! That's fantastic!

Man 2 I'm a little anxious about it. What if I can't say the words?

Man 1 I'm sure you'll do fine. I know she'll say yes.

Man 2 Thanks. I'll let you know how it goes.

Man 1 Good luck!

2 Woman 1 Are you going out tonight?

Man 3 Yeah. I'm meeting some friends for karaoke.

Woman 1 That sounds fun.

Man 3 I don't know. I'm a little anxious about it.

Woman 1 You're kidding. Why is that?

Man 3 I don't really like to sing in public. I know it's silly, but I get really nervous.

Woman 1 But it's just with friends.

Man 3 | know.

Woman 1 I'm sure you'll be OK.

Man 3 Say, why don't you join us?

Woman 1 I don't think so. Have you ever heard me sing?

Man 4 What are you doing?

Woman 2 Oh, I'm just working on my presentation.

Man 4 You're giving a presentation?

Woman 2 Yeah, at tomorrow's sales meeting. This will be the first time I present to the vice president. I'm kind of worried about it.

Man 4 Worried? Why?

Woman 2 Well, I just don't feel very confident.

Man 4 I'm sure you'll do fine.

Woman 2 Do you think so?

Man 4 Of course. Just try to relax.

Man 5 What's wrong, Melissa? Is everything OK?

Woman 3 Not really. I have to tell my parents something.

Man 5 What's that?

Woman 3 Well, last night my father lent me his car, and I had a . . . small accident.

Man 5 Were you hurt?

Woman 3 No, I'm fine, but the car isn't. I accidentally dented the bumper. I need to tell my dad, and I'm pretty nervous about it.

Man 5 Don't worry. Everything will work out. Just explain what happened.

Woman 3 | guess.

Man 5 He'll probably just be happy that it wasn't serious, and you weren't hurt.

Lesson C, Exercise 2, Part B [p. 78] Level 4 Track 106

Dan So tell me about this new guy.

Alicia Santiago? Oh, he's amazing. And if he hadn't made an effort to talk to me at the party, I would never have noticed him.

Dan What's he like?

Alicia Friendly, talkative, funny.

Dan What does he do?

Alicia He's an actor. He used to be on a soap opera.

Dan Sounds like an interesting guy.

Alicia He is, but there is one thing that kind of gets on my nerves. He always talks about himself. He doesn't ask me questions very much. He really enjoys hearing his own voice.

Dan Hmm...that's not good.

Lesson D, Exercise 2 [p. 81] Level 4 Track 109

1 Woman 1 I'll always remember that day. I remember it because I was so nervous, and I didn't want to go. But my friend Kara was going to go to the same school. and that made me feel better. We had been students together the year before in middle school, and now we were starting high school together. We knew the next few years would be exciting, but a little scary, too. We walked to school together, found our classes, and saw some other familiar faces. That was almost 20 years ago. I'm now a teacher at that same school.

- 2 Man 1 January 7th. I'll always remember that day. Actually, Pamela never lets me forget it! My wife Susan and I had been married for three years, and we'd wanted to start a family. The day my daughter Pamela was born was very magical. Susan had gone to the hospital the night before, and I met her there. My parents were there, and so were Susan's, so that made it special for us. I still have the announcement that appeared in the newspaper the next day. It's hard work being a dad, and it's a job I take very seriously. I can't imagine my life without my family.
- 3 Man 2 I'd always wanted to travel on my own in Europe. Some of my friends had done it. Most had traveled before they started working, but not me. I was worried about finding a job. So about a week after I finished school, I was offered a job, and I took it. I worked for a couple of years but didn't like it very much. Then, I remember one day I thought, "Why am I doing this?" So, two weeks later I quit my job and said good-bye to everyone at work. Everyone was so happy for me. They gave me a party. That made it special, and I felt so great that day. I'd made good friends and gotten some experience. But I was ready to start the travel adventure I had saved for.
- 4 Woman 2 This was about seven years ago, I think. I was still in high school, and I'd never been abroad before. I applied to a program in the U.S. It wasn't a long program, only two weeks, but I was so excited. I'd never been overseas before, you see. This was my first trip. I remember I was so nervous! What if my English wasn't good enough? What if I didn't like the food? But my older sister told me not to worry. I remember flying I'd flown before, so that wasn't a problem. When I met my home-stay family, they were so kind and friendly. That was so great. And you know what? The daughter of my home-stay parents was the same age as me, and she was studying Korean in school. She was just starting, so she couldn't speak, but I helped her a lot with her homework.

Unit 9

Lesson B, Exercise 2, Part B [p. 87] Level 4 Track 116

Jenna What are you reading, Karl?

Karl Oh, hi, Jenna. It's an article on reading minds. It's pretty interesting.

Jenna Mind-reading? Like guessing the color that I'm thinking of now?

Karl Kind of, but it talks about how everyone can read minds. For example, we often know what another person is really feeling or thinking. Think about it. You ask a friend if she likes your new hairstyle. She says yes, but you think that she probably doesn't like it, really. Or you tell a joke, and a friend laughs. But you think, "My friend didn't find the joke funny. She's just being polite." How do you know that?

Jenna I see what you mean. Yeah, I think it's very probable that we all do that.

Karl The article says we use body language, facial expressions, and tone of voice to guess what people are thinking and feeling. We also use our own memory and even emotions.

Jenna That makes sense.

Lesson B, Exercise 2, Part C [p. 87] Level 4 Track 117

Jenna So can we always tell what another person is thinking?

Karl No, it's highly unlikely. It says . . . Where is it? Here. . . . One researcher says that two strangers can tell what the other is thinking only 20% of the time.

Jenna That's not very high.

Karl But if you know a person well, the number goes up. Married couples can read each other's minds 35% of the time. But it's interesting that people who have just gotten married score higher than people who have been married a long time.

Jenna Higher? No way! That must have surprised the researchers.

Karl I know. And it also says that after you're married for a long time, you can get too confident, and you may not try very hard to really understand your husband or wife.

Jenna Can anyone read minds all the time?

Karl No. No one can do it more than 60% of the time.

Jenna So who is better at doing this – men or women? I bet that women are better.

Karl You might think so, but there is no difference.

Jenna How do they know that?

Karl They did an experiment. They asked one group of men and one group of women to say what someone else was thinking. The number of correct answers was the same for both groups.

Jenna Huh! Really! How interesting.

Karl I don't think you really believe that, do you?

Jenna Why do you say that?

Karl It's just a feeling.

Lesson C, Exercise 2, Part B [p. 88] Level 4 Track 120

Guide The Sphinx was built around the same time as the pyramids. It was probably built to protect the pyramids.

Tourist It's beautiful.

Guide It's the largest stone statue in the world. It has the face of a man and the body of a lion.

Tourist Do you know if its face was painted? I think I read that once.

Guide Yes, the face and the body were painted red.
The headdress, the part that covers the head,
was painted yellow with blue stripes.

Tourist Do you have any idea where its nose is?

Guide Nobody knows, actually. It hasn't had its nose for a very long time. The disappearance of its nose is one of many mysteries around this incredible statue.

Lesson D, Exercise 2 [p. 91]

Level 4 Track 124

Man One of my favorite stories is from South Korea. It's called "The Magpies and the Bell." It goes like this:

Long ago, there was a young man who lived in a small village. He needed to go to a big city that was far away from his village. So he walked and walked for several days. One day, he heard a bird. "Caw! Caw! Caw!" He ran toward the sound and stopped below a tall tree. He looked up and saw a nest. A magpie's nest. Then, he looked again and saw a big snake. It was moving slowly toward the magpie and her babies. The man shot the snake with his arrow, and killed it. The man walked away, happy that he'd killed the snake and saved the baby magpies.

He continued to walk until it became dark. Then he thought, "Where will I spend the night?" As soon as he thought that, he saw a light. He walked toward it. And do you know what he saw? A big house. He knocked on the gate and called, "Hello! Is anybody home?" A beautiful young woman came out. He explained that he was walking to the city, and hoped he could stay there for the night. She said, "Of course! Come inside. You must be tired and hungry. I'll make you something to eat." After he ate, he fell asleep. Later that night, the man woke up. A large snake was around his neck. "Help!" he shouted. "Shouting is useless. No one can hear you!" said the snake. "I've been waiting for you." The young man then realized that the beautiful young woman was really a snake. The snake and the woman were the same.

The snake said, "You shot a snake earlier. That was my husband. We had a good life together. Snakes turn into dragons after a good life. Now we will never become dragons together. You killed him, and so I must kill you." The man said, "I didn't kill your husband because I hated him. I did it because I felt sorry for the magpies. Please don't kill me. Please!" "All right," the snake said, "I won't kill you – if you can do one thing. In the mountains, there is a very old building. In the building there's a bell. If you can ring that bell three times, I will let you live." "That doesn't sound so difficult," said the man. "Wait!" the snake continued. "You must ring the bell three times from right here. If you can do that, then I will let you go." Helpless, the man closed his eyes and waited to die. But suddenly, he heard three bell sounds. "Ding! Ding! Ding." As soon as he heard this, the snake turned into a dragon and disappeared. And at the same time, the house disappeared. The man was confused. He didn't know what had happened. Who had rung the bell?

The next morning, the man went to look for the old building. He walked and walked and finally found it. He then saw a big, beautiful, old bell. Just below the bell there were two magpies. The magpies must have rung the bell for the man who had saved their babies. And then they died.

Unit 10

Lesson B, Exercise 3 [p. 97] Level 4 Track 132

Alex So, Celia, what are you doing this weekend? Do you have anything fun planned?

Celia Actually, I do. I'm going rock climbing. Alex Really?

Yeah. It's a lot of fun. Have you ever tried it? Celia

Alex No. I don't really do extreme sports.

Celia I love them, especially rock climbing and snowboarding. This weekend -

Alex You know, I just thought of something. Have you checked the weather forecast for the weekend?

Celia No. why?

Alex I heard it's going to snow. Maybe it's not such a good idea to go rock climbing. You should go snowboarding, instead.

Yeah, maybe. But to get back to what I was Celia saying, I'm going rock climbing - indoors, not outdoors.

Alex Oh, that's good.

2 Celia So what are you doing this weekend?

Alex Actually, I'm planning on watching the Olympics.

Celia But they're not on now.

Alex I know, but I'm going to watch clips of the best parts on YouTube.

Celia Didn't you watch them when they were on TV?

Alex I saw some of them, but I was working, so I missed a lot and -

Celia That reminds me, I have to go. I'm sorry, but I'm late for work.

Alex Oh, OK. Do you want a ride?

Celia Sure, that would be great.

Alex No problem. Anyway, to finish what I was saying, there was one Olympic athlete who was amazing. I don't remember his name.

Celia There are a lot of great athletes at the Olympics. Do you remember where he was from?

3 Celia So, Alex, it sounds like you really like sports. Alex I do. I like to watch them on TV, of course, but I prefer seeing live games. I love being around all the fans.

Celia I know what you mean. I'm a big sports fan. Alex Some fans can act a little too wild, but most fans are great. I think good sports fans can really help their team win. Next week I'm

going to go -

Celia By the way, have you ever been to a live soccer game? Soccer fans can act pretty wild.

Alex Funny you should say that. As I was saying, I'm going to a soccer game next week.

Celia Really?

Alex Yeah, soccer is my favorite sport.

Celia Not me. I played some in high school, but I didn't really enjoy it.

Lesson C, Exercise 2, Part B [p. 98]

Level 4 Track 135

Marissa Oh, hi, Chad.

Chad Hi, Marissa.

Listen, I was talking to Gina yesterday. She was Marissa a little upset. She told me that you couldn't get

together on Friday.

Chad Um, yeah.

And then you asked if she would go to a fancy Marissa restaurant tonight. I think she's confused.

Chad OK, I'll tell you a secret. I couldn't meet her last night because I had to pick up a ring.

Marissa A ring? What kind of ring?

Chad An engagement ring. I'm going to ask her if she will marry me tonight. That's why we're going to Michel's. I'm pretty nervous about it.

Marissa Well, that explains it. There are always two sides to every story.

Chad So, do you think she'll say yes?

Lesson D, Exercise 2 [p. 101] Level 4 Track 138

Allie Hi, Justin!

Justin Hey, Allie. What's up?

Allie Oh, I was just thinking about this questionnaire I answered. It was kind of interesting. It's called the Proust Questionnaire.

Justin I've never heard of it.

Allie I hadn't either. Hey, let me ask you some of the questions. Answer any way you like.

Justin OK. Why not?

Allie OK, number one. What word do you most overuse?

Justin What word?

Allie Yeah, you know, a word you use all the time.

Justin Oh, I know. It's "whatever." My mom told me I say "whatever" a lot.

Allie That's true. You do say it a lot.

Justin Whatever. [laughs]

Allie OK, another question. What is your idea of perfect happiness?

Justin Perfect happiness? Riding my bicycle.

Allie Nice. OK. What is your current state of mind?

Justin I don't know . . . let me think. I know.
Thoughtful. How did you answer that?

Allie I said that I couldn't wait till summer.

Justin Good answer! I know what you mean.

Allie Another question. What is your greatest fear?

Justin Let me think about that. Oh, OK. I'll say being alone.

Allie Hmm, being alone. That's interesting.

Justin Yeah, I hate to be alone. I prefer to be around other people.

Allie OK, one more. What is your greatest regret?

Justin What did you say?

Allie I said not taking more risks.

Justin I'll say not learning to play an instrument.

Allie Really?

Justin Yeah, I've never learned one. I wanted to learn the piano as a kid.

Allie Well, it's never too late!

Unit 11

Lesson A, Exercise 4 [p. 105] Level 4 Track 142

1 Man Oh, man, I am so busy these days. I have a job interview tomorrow – my first! I'm kind of nervous about it, to be honest. I've researched the company and the job online, and I have some questions that I want to ask. But I need to do a few things. First, I'm going to print some business cards on my computer. I hope they look OK. And then I'm going to get my suit dry-cleaned.

- 2 Woman 1 My life has been crazy lately. I'm getting ready to go abroad. It will be my first trip overseas, so I'm pretty excited, but there's so much to do. My friend and I are planning to backpack in Ecuador for two weeks. I don't need a visa, so that's good, but I need a passport. So I'm going to apply for a passport tomorrow. I'm going to have my passport photo taken first. I hope the photo is good it will be on my passport for a long time!
- 3 Woman 2 I have so much to do. I'm giving a big sales presentation at my company in three days. I've done presentations before, but this time, it will be in front of a lot of important people. I've already prepared the presentation and practiced it in front of a colleague, so that's good. Tomorrow, I'm going to print copies of the presentation. But first, I'm going to have the presentation proofread. I don't want any mistakes. Let's see. . . . Who can I get to do that for me?

Lesson B, Exercise 2 [p. 107]

Level 4 Track 145

Woman You have an interesting résumé. I see you majored in biology –

Man Yes, and I have a minor in Chinese language and literature. I spent my junior year abroad in Shanghai.

Woman Interesting. So, what skills do you have?

Man Well, let's see. . . . I'm good at listening and

asking questions. I'd say I'm definitely a people person. I get along with everybody. I'm learning a lot about the business at my TV internship. Excuse me. Sorry about that.

Woman So, a people person . . . OK. Now, we've talked a little about this company and the job. What would you like about the job?

Man The late hours. I'm a night person.
Woman And what is your greatest strength?

Man Hmm... my greatest strength is my people skills. I can get along with all kinds of people.

Woman
I see. And what's your greatest weakness?

Man
Hmm, let me see. That's a difficult question.
Well, I am only familiar with older music, so I wouldn't be able to talk about current music.
I don't really know, for example, what high

school kids are listening to. What is your career goal?

Man I'd really love to host my own TV talk show.

Woman All right.... Can you work weekends?

Man Sundays, yes, but not Saturdays. I have soccer practice then.

Woman Do you have any questions for me?

Man Just one. What is the salary?

Woman Why don't we discuss that later, if we offer you the job?

Man Oh, OK.

Woman

Woman Well, I've really enjoyed talking to you. Thank you for coming in.

Man Sure. See you later.

Lesson C, Exercise 2, Part B [p. 108] Level 4 Track 148

Zac And what about you, Lucy? What are you doing these days?

Lucy Well, actually, I'm doing volunteer work at the local hospital.

Zac Really? That's great.

I'm also preparing for my exams. Lucy

Wow! So what do you think you'll be doing in a year? Zac

Well, I'll still be in school. But in five years, I think Lucy I'll be working as a photographer.

Zac No kidding!

It's funny. A year ago, I set a goal for myself. I said Lucy that I wanted to take a photography class. I did, and it changed my life.

Zac That's fantastic! Good luck, and let me know how things go.

Unit 12

Lesson B, Exercise 2 [p. 117]

Level 4 Track 157

Mandy Ahh. Eric, want some water? I have an extra bottle here.

Oh, hi, Mandy. No, thanks. I've stopped drinking bottled water. I read this blog and decided I'd just drink regular tap water from now on.

Mandy But doesn't tap water have a lot of bad chemicals in it?

Eric Yes, in some places, it's better to drink bottled water, but around here, it's perfectly safe to drink tap water. Here, let me just find that blog. It lists some interesting information. Here . . . It says Americans spend more than \$15 billion a year on bottled water. That's a lot of money! And look, more than 25% of the bottled water is really just tap water. So you're paying for water you could get for free.

Mandy That's a good point.

And people are drinking 10% more bottled water every year. That's not good for the environment. Making the bottles causes pollution. It uses three times the amount of water in the bottle.

Mandy That's crazy.

> Eric And listen to this. The energy that's being used to make the plastic bottles is equal to 50 million barrels of oil. That's enough to drive 3 million cars a year.

Mandy Wow! Does it say anything about recycling? Let me see. Yes . . . here. Americans buy 28 billion

bottles of water a year, but only 20% of these are being recycled. You know, in some places you pay extra for the bottles.

Yeah. But you can return the bottle and get your Mandy money back.

Eric True. And in those places, between 65 and 95% of the bottles are returned.

Well, that's good. You know, I've always thought Mandy bottled water was kind of expensive. But tap water costs money, too.

Eric I see what you mean. But it says here that it only costs .002 cents a gallon for the tap water in your home.

Mandy That's so cheap!

Bottled water can actually cost as much as Eric

Well, you're pretty convincing. I guess I've never Mandy really thought about it much.

Lesson C, Exercise 2, Part B [p. 118] Level 4 Track 160

Mr. Brown No, and I'll tell you why. Although videos may reduce crime, I don't want to have cameras watching me all the time. They're fine in banks and stores, but not in neighborhoods like ours.

Interviewer All right. I'll make a note of that. Well, what community improvements would you like to see in the neighborhood?

Mr. Brown Let's see. You know, there's a lot of litter in the park. There are signs that say, "No Littering," but they don't stop people from littering. There should be more garbage cans

Interviewer I see what you mean. Well, OK, thanks for your help.

Lesson D, Exercise 3 [p. 121] Level 4 Track 164

Man My name is Fernando da Silva, and I live in Fortaleza, in the northern part of Brazil. Job training is an issue I've become involved in recently. I do volunteer work at an employment center on weekends. The people who come to the center have lost their jobs and are having difficulty finding another one. Some are looking for jobs for the first time. Some people need to update their skills, so I teach a computer class. Another thing I do is help with résumés. If you've had a job for a long time, you may not even have a résumé. So I help people prepare the information that goes into their résumé.

Woman 1 My name is Aicha Zoubair, and I'm from Casablanca. I got involved in beautification projects here in Casablanca a few years ago. Like many big cities, there's not enough green space here - you know, places like parks for people to enjoy. So I do two things, really. One is make the parks more beautiful. My group works with the city and sometimes gets school kids to help plant flowers. Another thing I do is try to create more parks. My group writes letters and tries to raise awareness for the need for more public

green areas. Woman 2 I'm Ingrid Müller, and I'm from Düsseldorf, Germany. We have a lot of new arrivals in Germany from all over the world, and I work with an organization that helps new arrivals. The organization has a center and helps with translation, if needed, and makes sure people are treated fairly in their jobs. What I do is help with housing. It can be very difficult to rent a home here in Germany when you first arrive, so I go with people to look at the home, and answer questions. At the center, I'm also involved in some of the entertainment programs. We have a social event once a week, so I always help out with that. It's a way for new arrivals to meet other people.